

Positive Alternatives 2016 - 17 Quarterly Update

Grantee (Name and city): Morris life Care Pregnancy Center, Morris MN

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Goal: Support, encourage and assist women in carrying their pregnancies to term and in caring for their babies after they are born, as well as provide education to assist in lowering the number of infant mortality in West Central MN

For the period: 4/1/2017 - 6/30/17 **Quarter:** 4th

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Hiring, training, volunteer coordination, staff assessment and all administrative duties. Plan grant activities, build and implement programs. Provide guidance to grant staff; complete grant forms; attend required grant meetings.		Complete grant forms, plan grant activities, update & build / implement programs. Provide guidance to grant staff. Volunteer coordination, staff assessment and administrative duties.	
Outreach	Plan and implement outreach to Hispanic Community; increase promotional activities, advertising, public presentations, networking and outreach efforts of center; and increase staff capacity. Includes FAQ's and Virtual Tour additions to the website.		We continue to implement our outreach to the Hispanic community. We meet Hispanic clients in Hancock (Stevens Co.) and now Wheaton (Traverse Co.) on a weekly basis who do not have regular transportation. We have a working relationship with Public Health in Grant County and have been given access to space in Traverse, Swift and Big Stone counties. We launched our first permanent satellite site in Starbuck, MN to service clients in Pope Co. We are currently training the volunteers at that site. We have done promotional presentations in Stevens, Pope, Traverse and Grant counties with meetings in multiple communities, with many organizations and individuals. We have met	

			with clients in other counties that do not yet have a permanent satellite site as needed (Appleton, Wheaton, Hancock).	
Car Seat Program	Provide car seats and certified car seat instruction and follow up in an incentive based program. Car Seat education, Car Seat Installation, follow up re-checks and instruction. Host or assist in Public Car Seat events	10 - 11	We are having an excellent response to our car seat program and are providing safety training, instruction and installation education of car seats to our clients, as well as re-checks after baby is born to check retention of that education, to answer any further questions and to address any new safety issues. We have provided more instruction as necessary. We plan to assist in Public Car Seat events. We have also had opportunity to share education with our support community via one on one conversations and group informational events.	9 installs 12 classes 7 checks with a total of 13 signed up for the program
Case Management Services	Follow up with each client either in person or by phone following a car seat instruction, an Earn While You Learn Education class, a pregnancy test, STD/STI test, Ultrasound appointment, or Life Coach / Mentorship meeting. Promote healthy connections and choices.	25	We implemented a program to text clients for appointment reminders. We currently text clients a reminder which causes them to make follow up reply/calls to schedule another appointment if they have not already made one, or for any questions or concerns. This makes our correspondence much more efficient. We have begun a quarterly follow up plan for all clients using a mailing process as a way to encourage them and to promote healthy connections.	82 and 47 Text messages
Community Educational Live Stream Event	Healthy Mommas Webcast: Nutrition and Exercise. Promote staying healthy during pregnancy and pre-conception. Hosting a panel of professionals from the community	35/yr	We are continuing the planning stages of this program and are diligently working towards our goals of starting up these and other necessary programs.	NA
Crib Distribution/ Sleep Safety Education	Safe Sleep Education Only provided through Earn While You Learn Programs. This may lead to crib distribution through Birthright in Alexandria or Pack and Play distribution through Cradle of Hope (we are a Pack and Play crib site)	2 -3	We promote safe sleep situations to a large majority of our clients as a necessary safety class via brochures and video education. It is also one of the "mainstay" safety classes of our car seat program to further promote safety and healthy outcomes.	9 English, 0 Spanish

Interpreter Services	Interpreter on staff who also is a trained Client Advocate as well as Certified Car Seat Technician. Interpreter will be translating documents, website, assisting at Education Outreach Events and more	100	We have had an EXCELLENT response to our translating services. Our translator has helped our outreach efforts and the Spanish program continues to be a vital aspect of our services. Our interpreter travels to Hancock (Stevens co.) and Wheaton, (Traverse Co.) each week to extend our services to clients in those communities who lack transportation. Our interpreter installs and teaches proper car seat use as well as SIDS education and other relevant safety information. She sees all spanish speaking clients and follows up with them as she deems necessary.	165
Life-Coaching Education Program	Life Coach training will be taken online and provided to all clients. Will use life coach method with all Intakes, Earn While You Learn Clients and Pregnancy Test/Ultrasound	6-7	We are looking forward to implementing this program as soon as our staff are able to be trained. This service will enrich our program and as such we hope to start training in the near future.	NA
Nutrition	Provide Nutrition Education and 25 Prenatal vitamin vouchers	6-7	We have not yet become a medical center and therefore can not give vitamins to our clients. We have utilized the education information from our EWYL program which has been received well. We are working on building the base of the center and connecting with medical resources so that we may be able to offer this service in the future.	3 Education only
Parenting Education	Program name: Earn While You Learn Parenting Classes	25	We are using Parenting education as part of our Earn While You Learn program. Many clients have expressed how this program has helped them in their daily lives & in making better choices for their children. Parents have also expressed that they have better behavior outcomes from their children at home when implementing the skills and information we provide.	32
Pregnancy Education	Program name: Earn While You Learn Pregnancy Classes	38	We are using pregnancy education which is also part of our Earn While You Learn Program. Many clients have stated the information is helpful whether they had received the education previously or not. As an extension of this we have implemented the prenatal care program to educate women about the impact of getting prenatal medical care throughout their pregnancies and to help us discover some of the barriers that they have in getting that necessary prenatal medical care specific to our community.	142

Pregnancy and Preconception Education Outreach	<p>Community Event for Pregnant and pre-conception women. Provide education and information materials on FAS, Car Seat Safety, Safe Sleep, SIDS. Flyers and brochures.</p> <p>1 per county / 2 counties per year</p>	60/yr	<p>This event is currently in the planning stage. Our staff offers Natural Family Planning and fertility Education courses to our clients. We hope to offer these classes to the community at large through connections with our local hospital and Community Education. We look forward to implementing it soon.</p> <p>We implemented a satellite site launch as a community event in Starbuck, MN where pre-pregnant and pregnant women were invited. This outreach event lays the foundation for many potential clients in Pope county being helped by the services we provide.</p>	1 event
Pregnancy Testing	<p>Program name: Pregnancy Testing. Provide intake assessment for program eligibility, pregnancy test, support, counseling and education</p>	6 -7	<p>We provide intake assessment for program eligibility, pregnancy test, support, counseling and education for each new client as needed.</p>	4
Provide Necessary Services to all clients	<p>Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals</p>	13	<p>We have changed our forms to include questions on all necessary services and make a point at each intake to ask about the need for additional services. We then utilize our resource database to provide information and make referrals.</p>	<p>13 new clients</p> <p>No Referrals</p>
Provide Necessary Services Assessments Only	<p>Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals</p>	2-3	<p>Assessments without referrals.</p>	13

STI Testing	Provide STI testing and counseling	6 -7	We are currently in the planning and fundraising stages of the STD/STI/Special Infection program, as we are not yet medical.	NA
Transportation	Transportation vouchers given as bus passes or \$5 gas certificates (not to exceed \$50per client per year) to clients who have transportation issues in getting to/from classes as well as for specialists in St Cloud or Mpls.	50	Provide vouchers for transportation to and from classes and Doctor Appointments. We have purchased the vouchers, and they are available to our clients. The bus passes have been essential to our clients locally. We count single ride passes and each gas certificate as one. Our Client Advocates travel to the communities in the 6 county region to see clients which helps on transportation. We are working to establish permanent satellite sites in each county to provide more services to the entire region.	9 Bus tickets No Gas Vouchers
Ultrasound	Provide ultrasound to clients, including assessment, intake, and life coaching/counseling	6 -7	We are currently in the planning and fundraising stages of the ultrasound program, as we are not yet medical.	NA

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	5
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	5
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	0
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	5
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	0
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	9

Comments:

At the beginning of this quarter(Q4) we hired a new Executive Director. She is in the training process. She and our board are reviewing our programs and clarifying our goals/priorities. They are making a clear and accurate plan concerning the implementation of a medical program. Thank you for your patience and assistance in the transition process!